

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

**Event 8 Boys 13-14 100 Yard Medley Relay**

Team	Relay	Seed Time
1 HVAC-VA	A	NT
1) Barden, Aidan 13	2) McGriff, Matthew 14	
3) Gillette, Akai 13	4) Newman, Ian 13	

**Event 9 Girls 15 & Over 100 Yard Medley Relay**

Team	Relay	Seed Time
1 HVAC-VA	A	NT
1) Viau, Maya 15	2) Isaac, Lucia 16	
3) Kawecki, Lillian 15	4) Kanak, Lizzie 18	

**Event 10 Boys 15 & Over 100 Yard Medley Relay**

Team	Relay	Seed Time
1 HVAC-VA	A	NT
1) Vasquez, Max 16	2) Roberts, Sloan 18	
3) Robinson, Dylan 17	4) Sievenpiper, Joe 16	

**Event 11 Girls 13-14 100 Yard Freestyle**

Name	Age	Team	Seed Time
1 Dyckman, Melanie N	13	ODAC-VA	1:00.22
2 Wood, Payton J	14	ECAT-VA	1:01.32
3 Stalnaker, Gabby	14	HVAC-VA	1:01.42
4 Dorris, Sydney E	14	ODAC-VA	1:02.62
5 LE, Isadora V	13	ODAC-VA	1:07.60
6 Wittkamp, Larkin	13	HVAC-VA	1:10.51

**Event 12 Boys 13-14 100 Yard Freestyle**

Name	Age	Team	Seed Time
1 Dyckman, Sam J	14	ODAC-VA	1:00.69
2 Newman, Ian	13	HVAC-VA	1:00.75
3 Barden, Aidan	13	HVAC-VA	1:02.00
4 McGriff, Matthew	14	HVAC-VA	1:03.95
5 Gillette, Akai	13	HVAC-VA	1:04.13
6 Kopach, Garrett R	13	ODAC-VA	1:04.64
7 Reese, Brayden T	14	ECAT-VA	1:05.48
8 Koch, Oliver	13	HVAC-VA	1:09.61
9 Coyne, Aubrey J	13	ECAT-VA	1:11.84

**Event 13 Girls 15 & Over 100 Yard Freestyle**

Name	Age	Team	Seed Time
1 Kanak, Abby	16	HVAC-VA	1:02.80
2 Viau, Maya	15	HVAC-VA	1:02.84
3 Kopach, Delaney G	15	ODAC-VA	1:05.65
4 Patterson, Maddie A	16	UN-EC-VA	NT

**Event 14 Boys 15 & Over 100 Yard Freestyle**

Name	Age	Team	Seed Time
1 DeFeo, Preston D	16	ECAT-VA	49.80
2 Steed, JT T	15	ODAC-VA	53.09
3 Vasquez, Max	16	HVAC-VA	1:03.93

**Event 15 Girls 13-14 50 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Stalnaker, Gabby	14	HVAC-VA	37.89
2 Dorris, Sydney E	14	ODAC-VA	40.12
3 Wood, Payton J	14	ECAT-VA	42.11
4 Wittkamp, Larkin	13	HVAC-VA	NT

**Event 17 Girls 15 & Over 50 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Isaac, Lucia	16	HVAC-VA	37.37
2 Kanak, Lizzie	18	HVAC-VA	39.88
3 Kopach, Delaney G	15	ODAC-VA	44.04

**Event 18 Boys 15 & Over 50 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Roberts, Sloan	18	HVAC-VA	30.80
2 Vasquez, Max	16	HVAC-VA	42.32

**Event 19 Girls 13-14 200 Yard Backstroke**

Name	Age	Team	Seed Time
1 LE, Isadora V	13	ODAC-VA	NT

**Event 20 Boys 13-14 200 Yard Backstroke**

Name	Age	Team	Seed Time
1 Dyckman, Sam J	14	ODAC-VA	2:23.72
2 Newman, Ian	13	HVAC-VA	2:26.62
3 Barden, Aidan	13	HVAC-VA	2:34.56
4 Reese, Brayden T	14	ECAT-VA	2:38.57
5 Gillette, Akai	13	HVAC-VA	2:49.12
6 McGriff, Matthew	14	HVAC-VA	2:58.25
7 Koch, Oliver	13	HVAC-VA	NT

**Event 21 Girls 15 & Over 200 Yard Backstroke**

Name	Age	Team	Seed Time
1 Isaac, Lucia	16	HVAC-VA	2:29.71
2 Kanak, Abby	16	HVAC-VA	2:31.80
3 Kanak, Lizzie	18	HVAC-VA	2:32.71
4 Viau, Maya	15	HVAC-VA	2:32.77
5 Patterson, Maddie A	16	UN-EC-VA	NT

**Event 22 Boys 15 & Over 200 Yard Backstroke**

Name	Age	Team	Seed Time
1 Steed, JT T	15	ODAC-VA	2:11.82
2 Sievenpiper, Joe	16	HVAC-VA	2:16.34
3 Roberts, Sloan	18	HVAC-VA	NT

**Event 23 Girls 13-14 100 Yard Butterfly**

Name	Age	Team	Seed Time
1 Dyckman, Melanie N	13	ODAC-VA	1:04.73
2 Wood, Payton J	14	ECAT-VA	1:11.14

**Event 24 Boys 13-14 100 Yard Butterfly**

Name	Age	Team	Seed Time
1 McGriff, Matthew	14	HVAC-VA	1:14.93
2 Kopach, Garrett R	13	ODAC-VA	1:17.81
3 Koch, Oliver	13	HVAC-VA	1:20.95
4 Newman, Ian	13	HVAC-VA	1:22.20
5 Coyne, Aubrey J	13	ECAT-VA	1:29.25
6 Gillette, Akai	13	HVAC-VA	NT

**Event 25 Girls 15 & Over 100 Yard Butterfly**

Name	Age	Team	Seed Time
1 Kanak, Lizzie	18	HVAC-VA	1:04.83
2 Kanak, Abby	16	HVAC-VA	1:08.23
3 Viau, Maya	15	HVAC-VA	1:24.38

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

**Event 26 Boys 15 & Over 100 Yard Butterfly**

Name	Age	Team	Seed Time
1 DeFeo, Preston D	16	ECAT-VA	58.08
2 Sievenpiper, Joe	16	HVAC-VA	1:00.68
3 Steed, JT T	15	ODAC-VA	1:01.60

**Event 27 Girls 13-14 200 Yard IM**

Name	Age	Team	Seed Time
1 Dyckman, Melanie N	13	ODAC-VA	2:30.58
2 Dorris, Sydney E	14	ODAC-VA	2:36.42
3 Stalnaker, Gabby	14	HVAC-VA	2:39.06
4 Wittkamp, Larkin	13	HVAC-VA	2:56.09
5 LE, Isadora V	13	ODAC-VA	2:58.14

**Event 28 Boys 13-14 200 Yard IM**

Name	Age	Team	Seed Time
1 Dyckman, Sam J	14	ODAC-VA	2:29.27
2 McGriff, Matthew	14	HVAC-VA	2:37.14
3 Reese, Brayden T	14	ECAT-VA	2:41.05
4 Kopach, Garrett R	13	ODAC-VA	2:43.04
5 Coyne, Aubrey J	13	ECAT-VA	3:00.70
6 Barden, Aidan	13	HVAC-VA	NT

**Event 29 Girls 15 & Over 200 Yard IM**

Name	Age	Team	Seed Time
1 Kawecki, Lillian	15	HVAC-VA	2:21.36
2 Viau, Maya	15	HVAC-VA	2:41.16
3 Kopach, Delaney G	15	ODAC-VA	2:48.10
4 Patterson, Maddie A	16	UN-EC-VA	NT

**Event 30 Boys 15 & Over 200 Yard IM**

Name	Age	Team	Seed Time
1 Sievenpiper, Joe	16	HVAC-VA	2:15.33
2 Roberts, Sloan	18	HVAC-VA	2:18.19
3 Vasquez, Max	16	HVAC-VA	NT

**Event 31 Mixed 13-14 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 HVAC-VA	A	1:55.14
	1) McGriff, Matthew M14	2) Wittkamp, Larkin W13
	3) Newman, Ian M13	4) Stalnaker, Gabby W14
2 ODAC-VA	A	NT
3 ODAC-VA	B	NT

**Event 32 Mixed 15 & Over 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 HVAC-VA	A	1:43.01
	1) Kanak, Lizzie W18	2) Robinson, Dylan M17
	3) Kawecki, Lillian W15	4) Sievenpiper, Joe M16
2 HVAC-VA	B	1:48.95
	1) Roberts, Sloan M18	2) Viau, Maya W15
	3) Kanak, Abby W16	4) Vasquez, Max M16

**Event 35 Girls 10 & Under 100 Yard Medley Relay**

Team	Relay	Seed Time
1 HVAC-VA	A	NT
	1) Lomax, Rhodes 7	2) Wood, Abby 10
	3) Chappell, Anna 10	4) Neveaux, McKenna 8

**Event 36 Boys 10 & Under 100 Yard Medley Relay**

Team	Relay	Seed Time
1 HVAC-VA	A	NT
	1) Vasquez, Leon 10	2) Newman, Silas 10
	3) Chappell, Davis 8	4) King, Caiden 8

**Event 37 Girls 11-12 100 Yard Freestyle**

Name	Age	Team	Seed Time
1 Steinert, Allie B	12	ECAT-VA	1:01.53
2 Barnett, Brooklyn R	11	ECAT-VA	1:07.73
3 Stowell, Olivia R	11	ODAC-VA	1:09.02
4 Garland, Maddi R	12	ODAC-VA	1:11.58
5 Colton, Sloan	11	HVAC-VA	1:16.04
6 Cokley, Scarlett M	11	ODAC-VA	1:17.37
7 Reese, Alexa A	11	ECAT-VA	1:26.77
8 Khoury, Ethne E	12	ODAC-VA	1:32.86
9 Jones, Meagan	11	HVAC-VA	1:35.27
10 Threlkeld, Evelyn	12	HVAC-VA	2:02.54
11 Frailing, Sela	11	HVAC-VA	NT

**Event 38 Boys 11-12 100 Yard Freestyle**

Name	Age	Team	Seed Time
1 Bialorucki, Camron J	12	ODAC-VA	1:03.12
2 McDonald, James A	11	ODAC-VA	1:03.64
3 Parilla, Donal C	11	ECAT-VA	1:07.31
4 Font, Draco J	11	ECAT-VA	1:09.07
5 Defendeifer, Finn	11	HVAC-VA	1:31.10

**Event 39 Girls 10 & Under 100 Yard Freestyle**

Name	Age	Team	Seed Time
1 Bialorucki, Heidi M	9	ODAC-VA	1:15.00
2 Chappell, Anna	10	HVAC-VA	1:16.73
3 Baggett, Kadya A	10	ODAC-VA	1:18.04
4 Wood, Abby	10	HVAC-VA	1:18.75
5 Steinert, Abbie L	10	ECAT-VA	1:22.93
6 Hood, Norah G	8	ODAC-VA	1:23.90
7 Maduro, Kalina D	10	ECAT-VA	1:26.04
8 Harding, Leila K	10	ODAC-VA	1:28.20
9 Saye, Evelyn	10	HVAC-VA	1:30.16
10 Rodriguez, Arriana H	10	ODAC-VA	1:36.95
11 Bevilacqua, Aria	9	HVAC-VA	1:37.84
12 Boyette, Aria C	9	ODAC-VA	1:40.33
13 Osborne, Rose O	10	ODAC-VA	1:46.61
14 Lomax, Rhodes	7	HVAC-VA	1:52.00
15 Zayicek, Reese E	10	ODAC-VA	1:56.09
16 Khoury, Eva K	10	ODAC-VA	2:02.70
17 Morgan, Minx E	8	ODAC-VA	2:10.37
18 Neveaux, McKenna	8	HVAC-VA	NT
19 Jorgensen, Aves	10	HVAC-VA	NT

**Event 40 Boys 10 & Under 100 Yard Freestyle**

Name	Age	Team	Seed Time
1 Chavez, Landon M	9	ODAC-VA	1:06.35
2 Wier, Kenny P	10	ODAC-VA	1:14.90
3 Newman, Silas	10	HVAC-VA	1:20.32
4 Chappell, Davis	8	HVAC-VA	1:22.69
5 Talley, Rezner C	10	ODAC-VA	1:26.37
6 Vasquez, Leon	10	HVAC-VA	1:26.56

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

## Event 40 ... (Boys 10 &amp; Under 100 Yard Freestyle)

Name	Age	Team	Seed Time
7 Birckholtz, Ben G	9	ODAC-VA	1:26.78
8 Riley, Finn S	9	ODAC-VA	1:29.05
9 Blount, Jared L	9	ECAT-VA	1:32.96
10 Vonderhaar, Ethan M	9	ODAC-VA	1:33.20
11 King, Caiden	8	HVAC-VA	1:39.28
12 Khoury, Elias J	9	ODAC-VA	1:46.20
13 Gold, Weston R	8	ODAC-VA	NT
14 Frailing, Benjamin	10	HVAC-VA	NT

## Event 41 Girls 11-12 50 Yard Breaststroke

Name	Age	Team	Seed Time
1 Steinert, Allie B	12	ECAT-VA	40.65
2 Barnett, Brooklyn R	11	ECAT-VA	41.60
3 Jones, Meagan	11	HVAC-VA	47.01
4 Cokley, Scarlett M	11	ODAC-VA	49.54
5 Khoury, Ethne E	12	ODAC-VA	52.89
6 Reese, Alexa A	11	ECAT-VA	57.06
7 Frailing, Sela	11	HVAC-VA	1:09.30
8 Threlkeld, Evelyn	12	HVAC-VA	NT

## Event 42 Boys 11-12 50 Yard Breaststroke

Name	Age	Team	Seed Time
1 Parilla, Donal C	11	ECAT-VA	41.86
2 McDonald, James A	11	ODAC-VA	45.63
3 Font, Draco J	11	ECAT-VA	45.97
4 Defendeifer, Finn	11	HVAC-VA	52.94

## Event 43 Girls 10 &amp; Under 50 Yard Breaststroke

Name	Age	Team	Seed Time
1 Chappell, Anna	10	HVAC-VA	48.02
2 Wood, Abby	10	HVAC-VA	48.89
3 Baggett, Kady A	10	ODAC-VA	50.78
4 Boyette, Aria C	9	ODAC-VA	50.91
5 Khoury, Eva K	10	ODAC-VA	51.31
6 Maduro, Kalina D	10	ECAT-VA	51.54
7 Steinert, Abbie L	10	ECAT-VA	54.58
8 Hood, Norah G	8	ODAC-VA	54.86
9 Harding, Leila K	10	ODAC-VA	55.16
10 Rodriguez, Arriana H	10	ODAC-VA	56.55
11 Morgan, Minx E	8	ODAC-VA	59.17
12 Osborne, Rose O	10	ODAC-VA	1:01.56
13 Saye, Evelyn	10	HVAC-VA	1:01.85
14 Zayicek, Reese E	10	ODAC-VA	1:02.30
15 Neveaux, McKenna	8	HVAC-VA	NT
16 Bevilacqua, Aria	9	HVAC-VA	NT
17 Lomax, Rhodes	7	HVAC-VA	NT
18 Jorgensen, Aves	10	HVAC-VA	NT

## Event 44 Boys 10 &amp; Under 50 Yard Breaststroke

Name	Age	Team	Seed Time
1 Chavez, Landon M	9	ODAC-VA	44.01
2 Riley, Finn S	9	ODAC-VA	45.77
3 Newman, Silas	10	HVAC-VA	48.89
4 Talley, Rezner C	10	ODAC-VA	50.42
5 Vasquez, Leon	10	HVAC-VA	50.60
6 Birckholtz, Ben G	9	ODAC-VA	51.89
7 Wier, Kenny P	10	ODAC-VA	52.10

8 Gold, Weston R	8	ODAC-VA	55.08
9 Blount, Jared L	9	ECAT-VA	55.26
10 Vonderhaar, Ethan M	9	ODAC-VA	56.72
11 Frailing, Benjamin	10	HVAC-VA	1:12.41
12 Khoury, Elias J	9	ODAC-VA	1:13.99
13 Chappell, Davis	8	HVAC-VA	NT
14 King, Caiden	8	HVAC-VA	NT

## Event 45 Girls 11-12 200 Yard Backstroke

Name	Age	Team	Seed Time
1 Stowell, Olivia R	11	ODAC-VA	2:51.04
2 Colton, Sloan	11	HVAC-VA	NT

## Event 46 Boys 11-12 200 Yard Backstroke

Name	Age	Team	Seed Time
1 Bialorucki, Camron J	12	ODAC-VA	2:36.02
2 McDonald, James A	11	ODAC-VA	NT

## Event 47 Girls 10 &amp; Under 100 Yard Butterfly

Name	Age	Team	Seed Time
1 Bialorucki, Heidi M	9	ODAC-VA	1:27.48
2 Hood, Norah G	8	ODAC-VA	NT
3 Khoury, Eva K	10	ODAC-VA	NT
4 Baggett, Kady A	10	ODAC-VA	NT
5 Wood, Abby	10	HVAC-VA	NT

## Event 49 Girls 11-12 100 Yard Butterfly

Name	Age	Team	Seed Time
1 Steinert, Allie B	12	ECAT-VA	1:08.37
2 Garland, Maddi R	12	ODAC-VA	1:26.60
3 Reese, Alexa A	11	ECAT-VA	2:02.94
4 Barnett, Brooklyn R	11	ECAT-VA	NT

## Event 51 Girls 10 &amp; Under 200 Yard IM

Name	Age	Team	Seed Time
1 Bialorucki, Heidi M	9	ODAC-VA	2:58.67
2 Chappell, Anna	10	HVAC-VA	3:23.16
3 Steinert, Abbie L	10	ECAT-VA	3:23.34
4 Rodriguez, Arriana H	10	ODAC-VA	4:04.91
5 Zayicek, Reese E	10	ODAC-VA	4:32.22
6 Boyette, Aria C	9	ODAC-VA	NT
7 Osborne, Rose O	10	ODAC-VA	NT
8 Harding, Leila K	10	ODAC-VA	NT
9 Maduro, Kalina D	10	ECAT-VA	NT

## Event 52 Boys 10 &amp; Under 200 Yard IM

Name	Age	Team	Seed Time
1 Chavez, Landon M	9	ODAC-VA	2:49.82
2 Wier, Kenny P	10	ODAC-VA	3:12.75
3 Riley, Finn S	9	ODAC-VA	3:29.91
4 Birckholtz, Ben G	9	ODAC-VA	3:41.63
5 Khoury, Elias J	9	ODAC-VA	NT
6 Vonderhaar, Ethan M	9	ODAC-VA	NT
7 Talley, Rezner C	10	ODAC-VA	NT
8 Chappell, Davis	8	HVAC-VA	NT

## Event 53 Girls 11-12 200 Yard IM

Name	Age	Team	Seed Time
1 Stowell, Olivia R	11	ODAC-VA	2:49.92
2 Garland, Maddi R	12	ODAC-VA	3:03.51

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

## Event 53 ... (Girls 11-12 200 Yard IM)

Name	Age	Team	Seed Time
3 Khoury, Ethne E	12	ODAC-VA	3:31.00
4 Cokley, Scarlett M	11	ODAC-VA	NT

## Event 54 Boys 11-12 200 Yard IM

Name	Age	Team	Seed Time
1 Bialorucki, Camron J	12	ODAC-VA	2:33.81
2 Font, Draco J	11	ECAT-VA	3:00.77
3 Parilla, Donal C	11	ECAT-VA	3:04.82

## Event 55 Mixed 10 &amp; Under 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 HVAC-VA	A	2:19.37
1) Newman, Silas M10	2) Chappell, Anna W10	
3) Vasquez, Leon M10	4) Wood, Abby W10	
2 HVAC-VA	B	2:45.08
1) Chappell, Davis M8	2) Lomax, Rhodes W7	
3) King, Caiden M8	4) Neveaux, McKenna W8	

## Event 56 Mixed 11-12 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 HVAC-VA	A	2:34.33
1) Jones, Meagan W11	2) Upchurch, David M11	
3) Upchurch, Thomas M12	4) Colton, Sloan W11	
2 ODAC-VA	A	NT
3 ODAC-VA	B	NT

## Event 63 Girls 13-14 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ODAC-VA	A	NT
2 ECAT-VA	A	NT
1) Willis, Kaitlyn E 14	2) Wood, Payton J 14	
3) Parilla, Chiara M 14	4) Lydens, Ava F 14	

## Event 64 Boys 13-14 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ODAC-VA	A	NT
2 HVAC-VA	A	NT
1) McGriff, Matthew 14	2) Gillette, Akai 13	
3) Barden, Aidan 13	4) Newman, Ian 13	

## Event 65 Girls 15 &amp; Over 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ODAC-VA	A	NT
2 HVAC-VA	A	NT
1) Kanak, Abby 16	2) Viau, Maya 15	
3) Isaac, Lucia 16	4) Kanak, Lizzie 18	

## Event 66 Boys 15 &amp; Over 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ODAC-VA	A	NT
2 HVAC-VA	A	NT
1) Smelser, Marcus 17	2) Roberts, Sloan 18	
3) Vasquez, Max 16	4) Robinson, Dylan 17	

## Event 67 Girls 13-14 200 Yard Butterfly

Name	Age	Team	Seed Time
1 Dyckman, Melanie N	13	ODAC-VA	2:24.59
2 Stalnaker, Gabby	14	HVAC-VA	NT

## Event 68 Boys 13-14 200 Yard Butterfly

Name	Age	Team	Seed Time
1 McGriff, Matthew	14	HVAC-VA	3:03.99
2 Wood, Henry O	13	ECAT-VA	NT
3 Newman, Ian	13	HVAC-VA	NT
4 Koch, Oliver	13	HVAC-VA	NT
5 Gillette, Akai	13	HVAC-VA	NT
6 Barden, Aidan	13	HVAC-VA	NT

## Event 69 Girls 15 &amp; Over 200 Yard Butterfly

Name	Age	Team	Seed Time
1 Masson, Alina G	16	ODAC-VA	2:11.12
2 Kawecki, Lillian	15	HVAC-VA	2:23.23
3 Kanak, Lizzie	18	HVAC-VA	2:32.71
4 Kanak, Abby	16	HVAC-VA	2:39.89
5 Patterson, Maddie A	16	UN-EC-VA	NT
6 Viau, Maya	15	HVAC-VA	NT

## Event 70 Boys 15 &amp; Over 200 Yard Butterfly

Name	Age	Team	Seed Time
1 Robinson, Dylan	17	HVAC-VA	2:16.67
2 Smelser, Marcus	17	HVAC-VA	2:32.59
3 McGee, Joshua X	15	ECAT-VA	3:04.39
4 DeFeo, Preston D	16	ECAT-VA	NT
5 Sievenpiper, Joe	16	HVAC-VA	NT
6 Roberts, Sloan	18	HVAC-VA	NT

## Event 71 Girls 13-14 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Masson, Mira C	13	ODAC-VA	28.52
2 Willis, Kaitlyn E	14	ECAT-VA	31.47
3 Lydens, Ava F	14	ECAT-VA	34.27
4 LE, Isadora V	13	ODAC-VA	34.70
5 Wood, Payton J	14	ECAT-VA	36.62
6 Williamson, Stella R	13	ODAC-VA	39.60
7 Wittkamp, Larkin	13	HVAC-VA	NT

## Event 72 Boys 13-14 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Barden, Aidan	13	HVAC-VA	32.58
2 Dyckman, Sam J	14	ODAC-VA	33.22
3 Kopach, Garrett R	13	ODAC-VA	35.24
4 Coyne, Aubrey J	13	ECAT-VA	41.26
5 Echem, Jack G	14	UN-EC-VA	NT

## Event 73 Girls 15 &amp; Over 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Brutus, Gianna A	16	ODAC-VA	31.75
2 Kanak, Lizzie	18	HVAC-VA	32.21
3 Kanak, Abby	16	HVAC-VA	32.53
4 Isaac, Lucia	16	HVAC-VA	32.77
5 Shelton, Lizzie A	15	ECAT-VA	33.29
6 Kopach, Delaney G	15	ODAC-VA	36.68
7 Martinez, JJ A	15	ODAC-VA	43.47

## Event 74 Boys 15 &amp; Over 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Steed, JT T	15	ODAC-VA	28.20
2 Robinson, Dylan	17	HVAC-VA	28.29

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

## Event 74 ... (Boys 15 &amp; Over 50 Yard Backstroke)

Name	Age	Team	Seed Time
3 Vasquez, Max	16	HVAC-VA	36.84
4 Bosmans, Miles W	15	ECAT-VA	39.76
5 Butler, Braden H	15	ODAC-VA	40.50
6 Jarrett, Hudson T	16	ODAC-VA	43.10
7 Aurigemma, Luke J	18	ODAC-VA	NT

## Event 75 Girls 13-14 200 Yard Breaststroke

Name	Age	Team	Seed Time
1 Masson, Mira C	13	ODAC-VA	2:35.37
2 Stalnaker, Gabby	14	HVAC-VA	2:58.48
3 Dorris, Sydney E	14	ODAC-VA	2:59.12
4 Parilla, Chiara M	14	ECAT-VA	3:05.87
5 Dyckman, Melanie N	13	ODAC-VA	3:06.25
6 Palmer, Lillie Q	13	ODAC-VA	3:33.29
7 Williamson, Stella R	13	ODAC-VA	3:58.37

## Event 76 Boys 13-14 200 Yard Breaststroke

Name	Age	Team	Seed Time
1 McGriff, Matthew	14	HVAC-VA	2:54.24
2 Newman, Ian	13	HVAC-VA	3:05.21
3 Wood, Henry O	13	ECAT-VA	3:26.03
4 Durbin, Kip C	13	ODAC-VA	3:33.34
5 Koch, Oliver	13	HVAC-VA	NT

## Event 77 Girls 15 &amp; Over 200 Yard Breaststroke

Name	Age	Team	Seed Time
1 Masson, Alina G	16	ODAC-VA	2:26.11
2 Kawecki, Lillian	15	HVAC-VA	2:42.26
3 Brutus, Gianna A	16	ODAC-VA	2:47.81
4 Viau, Maya	15	HVAC-VA	3:07.50

## Event 78 Boys 15 &amp; Over 200 Yard Breaststroke

Name	Age	Team	Seed Time
1 Smelser, Marcus	17	HVAC-VA	2:34.88
2 Payne, Dayton L	16	ODAC-VA	2:47.26
3 Jarrett, Hudson T	16	ODAC-VA	3:01.07
4 Steed, JT T	15	ODAC-VA	3:06.02
5 Aurigemma, Luke J	18	ODAC-VA	3:30.11
6 DeFeo, Preston D	16	ECAT-VA	NT

## Event 79 Girls 13-14 50 Yard Freestyle

Name	Age	Team	Seed Time
1 Masson, Mira C	13	ODAC-VA	27.00
2 Willis, Kaitlyn E	14	ECAT-VA	27.58
3 Stalnaker, Gabby	14	HVAC-VA	28.04
4 Dyckman, Melanie N	13	ODAC-VA	28.23
5 Lydens, Ava F	14	ECAT-VA	28.25
6 Dorris, Sydney E	14	ODAC-VA	28.81
7 Wood, Payton J	14	ECAT-VA	29.29
8 Palmer, Lillie Q	13	ODAC-VA	30.99
9 Parilla, Chiara M	14	ECAT-VA	31.55
10 Wittkamp, Larkin	13	HVAC-VA	31.74
11 LE, Isadora V	13	ODAC-VA	32.68

## Event 80 Boys 13-14 50 Yard Freestyle

Name	Age	Team	Seed Time
1 Dyckman, Sam J	14	ODAC-VA	25.10

2 Barden, Aidan	13	HVAC-VA	27.61
3 McGriff, Matthew	14	HVAC-VA	27.86
4 Gillette, Akai	13	HVAC-VA	28.15
5 Wood, Henry O	13	ECAT-VA	28.60
6 Kopach, Garrett R	13	ODAC-VA	29.66
7 Coyne, Aubrey J	13	ECAT-VA	34.35
8 Durbin, Kip C	13	ODAC-VA	37.29
9 Echem, Jack G	14	UN-EC-VA	NT

## Event 81 Girls 15 &amp; Over 50 Yard Freestyle

Name	Age	Team	Seed Time
1 Masson, Alina G	16	ODAC-VA	25.14
2 Brutus, Gianna A	16	ODAC-VA	27.62
3 Viau, Maya	15	HVAC-VA	28.40
4 Kopach, Delaney G	15	ODAC-VA	28.74
5 Shelton, Lizzie A	15	ECAT-VA	29.01
6 Martinez, JJ A	15	ODAC-VA	32.63
7 Patterson, Maddie A	16	UN-EC-VA	NT

## Event 82 Boys 15 &amp; Over 50 Yard Freestyle

Name	Age	Team	Seed Time
1 DeFeo, Preston D	16	ECAT-VA	22.40
2 Roberts, Sloan	18	HVAC-VA	23.98
3 Steed, JT T	15	ODAC-VA	24.31
4 Jarrett, Hudson T	16	ODAC-VA	24.70
5 McGee, Joshua X	15	ECAT-VA	25.82
6 Payne, Dayton L	16	ODAC-VA	26.30
7 Sievenpiper, Joe	16	HVAC-VA	26.37
8 Bosmans, Miles W	15	ECAT-VA	27.52
9 Vasquez, Max	16	HVAC-VA	28.21
10 Aurigemma, Luke J	18	ODAC-VA	29.36
11 Butler, Braden H	15	ODAC-VA	32.86

## Event 83 Girls 13-14 100 Yard IM

Name	Age	Team	Seed Time
1 Willis, Kaitlyn E	14	ECAT-VA	1:17.21
2 Lydens, Ava F	14	ECAT-VA	1:17.48
3 Wood, Payton J	14	ECAT-VA	1:18.59
4 Williamson, Stella R	13	ODAC-VA	1:19.97
5 LE, Isadora V	13	ODAC-VA	1:22.48
6 Palmer, Lillie Q	13	ODAC-VA	1:24.17
7 Parilla, Chiara M	14	ECAT-VA	1:27.52
8 Dorris, Sydney E	14	ODAC-VA	1:37.33
9 Wittkamp, Larkin	13	HVAC-VA	NT

## Event 84 Boys 13-14 100 Yard IM

Name	Age	Team	Seed Time
1 Gillette, Akai	13	HVAC-VA	1:13.48
2 Newman, Ian	13	HVAC-VA	1:18.87
3 Kopach, Garrett R	13	ODAC-VA	1:21.31
4 Koch, Oliver	13	HVAC-VA	1:21.35
5 Coyne, Aubrey J	13	ECAT-VA	1:26.10
6 Durbin, Kip C	13	ODAC-VA	1:36.75
7 Echem, Jack G	14	UN-EC-VA	NT

## Event 85 Girls 15 &amp; Over 100 Yard IM

Name	Age	Team	Seed Time
1 Kopach, Delaney G	15	ODAC-VA	1:18.21
2 Shelton, Lizzie A	15	ECAT-VA	1:23.72

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

## Event 85 ... (Girls 15 &amp; Over 100 Yard IM)

Name	Age	Team	Seed Time
3 Martinez, JJ A	15	ODAC-VA	1:25.14
4 Patterson, Maddie A	16	UN-EC-VA	NT
5 Kanak, Abby	16	HVAC-VA	NT
6 Isaac, Lucia	16	HVAC-VA	NT
7 Kanak, Lizzie	18	HVAC-VA	NT

## Event 86 Boys 15 &amp; Over 100 Yard IM

Name	Age	Team	Seed Time
1 Bosmans, Miles W	15	ECAT-VA	1:15.08
2 Butler, Braden H	15	ODAC-VA	1:22.33
3 Payne, Dayton L	16	ODAC-VA	1:25.15
4 Robinson, Dylan	17	HVAC-VA	NT
5 Vasquez, Max	16	HVAC-VA	NT
6 Sievenpiper, Joe	16	HVAC-VA	NT
7 Smelser, Marcus	17	HVAC-VA	NT
8 Roberts, Sloan	18	HVAC-VA	NT

## Event 87 Mixed 15 &amp; Over 200 Yard Medley Relay

Team	Relay	Seed Time
1 ODAC-VA	A	1:56.82
1) Brutus, Gianna A W16	2) Masson, Alina G W16	
3) Steed, JT T M15	4) Jarrett, Hudson T M16	
2 HVAC-VA	A	2:16.00
1) Stalnaker, Gabby W14	2) McGriff, Matthew M14	
3) Gillette, Akai M13	4) Wittkamp, Larkin W13	
3 ODAC-VA	B	2:24.23
1) Martinez, JJ A W15	2) Payne, Dayton L M16	
3) Kopach, Delaney G W15	4) Aurigemma, Luke J M18	

## Event 88 Mixed 15 &amp; Over 200 Yard Medley Relay

Team	Relay	Seed Time
1 HVAC-VA	A	1:56.48
1) Kanak, Abby W16	2) Robinson, Dylan M17	
3) Roberts, Sloan M18	4) Kawecki, Lillian W15	
2 HVAC-VA	B	2:00.95
1) Isaac, Lucia W16	2) Kanak, Lizzie W18	
3) Smelser, Marcus M17	4) Sievenpiper, Joe M16	

## Event 89 Girls 11-12 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ODAC-VA	A	NT
2 HVAC-VA	A	NT
1) Hunter, Teagan 12	2) Dail, Katie 11	
3) Jones, Meagan 11	4) Colton, Sloan 11	

## Event 90 Boys 11-12 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ODAC-VA	A	NT
2 ECAT-VA	A	NT
1) Robinson, Nathan J 12	2) Font, Draco J 11	
3) Lewis, Nathaniel W 12	4) Parilla, Donal C 11	
3 HVAC-VA	A	NT
1) Upchurch, Thomas 12	2) Upchurch, David 11	
3) Coleman, Landon 12	4) Barnes, Colin 12	

## Event 91 Girls 10 &amp; Under 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ODAC-VA	B	1:05.56
1) Bialorucki, Heidi M 9	2) French, Marilyn G 8	
3) Quihuis, Emelia N 9	4) Hood, Norah G 8	
2 ODAC-VA	C	1:11.67
1) Talley, Rylynn S 8	2) Lorince, Kinsley A 9	
3) Evans, Carlee R 8	4) Boyette, Aria C 9	
3 ECAT-VA	A	1:13.35
1) Duncan, Caydence G 9	2) Steinert, Abbie L 10	
3) Karunaratne, Olivia C 10	4) Maduro, Kalina D 10	
4 ODAC-VA	D	1:20.89
1) Gurnee, Charlotte C 8	2) Alexander, Adley E 7	
3) Morgan, Minx E 8	4) Dinsmore, Josie E 9	
5 ODAC-VA	A	NT
6 HVAC-VA	D	NT
1) Newman, Sloane 5	2) Chappell, Josey 6	
3) McAnuff, Zoe 7	4) Griffith, Maggie 8	
7 HVAC-VA	C	NT
1) Lomax, Rhodes 7	2) Neveaux, McKenna 8	
3) Thacker, Sydney 8	4) Hurst, Nora 7	
8 HVAC-VA	B	NT
1) Saye, Evelyn 10	2) Bevilacqua, Aria 9	
3) Allen, Alexa 9	4) Thacker, Bristol 9	
9 HVAC-VA	A	NT
1) Melillo, Charlotte 10	2) Wood, Abby 10	
3) Behan, McKenna 10	4) Chappell, Anna 10	

## Event 92 Boys 10 &amp; Under 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ODAC-VA	A	1:08.93
1) Birkholtz, Ben G 9	2) Chavez, Landon M 9	
3) Gold, Weston R 8	4) Sallee, Nate W 8	
2 ODAC-VA	B	1:19.03
1) Khoury, Elias J 9	2) Grizzard, Hudson R 10	
3) Warren, Asher J 7	4) Vonderhaar, Ethan M 9	
3 ODAC-VA	C	1:37.65
1) Vonderhaar, Jayden M 7	2) Mabe, Grady R 8	
3) Rodriguez, Caspian 9	4) Kidd, Beckham D 8	
4 HVAC-VA	C	NT
1) Newton, Patrick 8	2) Furr, Cole 10	
3) King, Nathan 7	4) Upchurch, Aaron 9	
5 HVAC-VA	B	NT
1) Saye, Emory 8	2) King, Caiden 8	
3) Borer, James 10	4) Neveaux, Bryson 7	
6 HVAC-VA	A	NT
1) Newman, Silas 10	2) Frailing, Benjamin 10	
3) Chan, Isaac 10	4) Vasquez, Leon 10	

## Event 95 Girls 8 &amp; Under 25 Yard Butterfly

Name	Age	Team	Seed Time
1 French, Marilyn G	8	ODAC-VA	19.72
2 Evans, Carlee R	8	ODAC-VA	20.87
3 Neveaux, McKenna	8	HVAC-VA	21.07
4 Talley, Rylynn S	8	ODAC-VA	21.89
5 Lomax, Rhodes	7	HVAC-VA	22.88
6 Gurnee, Charlotte C	8	ODAC-VA	24.21
7 Morgan, Minx E	8	ODAC-VA	28.65
8 Alexander, Adley E	7	ODAC-VA	28.84

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

## Event 95 ... (Girls 8 &amp; Under 25 Yard Butterfly)

Name	Age	Team	Seed Time
9 Thacker, Sydney	8	HVAC-VA	34.70
10 Ring, Eleanor J	6	ODAC-VA	38.31
11 Riley, Eilis S	6	ODAC-VA	NT
12 Broznak, Eliana H	6	ODAC-VA	NT
13 Mabe, Claire L	6	ODAC-VA	NT
14 Mayotte, Elliott A	8	ODAC-VA	NT
15 Allen, Sage A	6	ECAT-VA	NT
16 Gainor, Maddie R	8	ECAT-VA	NT
17 Hurst, Nora	7	HVAC-VA	NT

## Event 96 Boys 8 &amp; Under 25 Yard Butterfly

Name	Age	Team	Seed Time
1 Chappell, Davis	8	HVAC-VA	19.02
2 Saye, Emory	8	HVAC-VA	25.04
3 King, Caiden	8	HVAC-VA	25.50
4 Gold, Weston R	8	ODAC-VA	29.43
5 Kidd, Beckham D	8	ODAC-VA	29.96
6 Mabe, Grady R	8	ODAC-VA	34.70
7 Vonderhaar, Jayden M	7	ODAC-VA	41.83
8 Harding, Luke W	7	ODAC-VA	NT
9 Neveaux, Bryson	7	HVAC-VA	NT

## Event 97 Girls 11-12 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Steinert, Allie B	12	ECAT-VA	33.65
2 Garland, Maddi R	12	ODAC-VA	36.60
3 Barnett, Brooklyn R	11	ECAT-VA	38.12
4 Stowell, Olivia R	11	ODAC-VA	38.52
5 Hunter, Teagan	12	HVAC-VA	38.84
6 Rodriguez, Sophia A	12	ECAT-VA	39.47
7 Wetmore, Charlotte G	11	ODAC-VA	42.51
8 Dail, Regan	11	HVAC-VA	43.79
9 Dail, Katie	11	HVAC-VA	45.12
10 Colton, Sloan	11	HVAC-VA	45.62
11 Jones, Meagan	11	HVAC-VA	46.23
12 Quihuis, Scarlett E	12	ODAC-VA	53.71
13 Khoury, Ethne E	12	ODAC-VA	NT
14 Frailing, Sela	11	HVAC-VA	NT

## Event 98 Boys 11-12 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Bialorucki, Camron J	12	ODAC-VA	33.42
2 McDonald, James A	11	ODAC-VA	35.56
3 Masson, Bennett A	12	ODAC-VA	36.47
4 Bosmans, Noah W	12	ECAT-VA	37.78
5 Robinson, Nathan J	12	ECAT-VA	38.16
6 Barnes, Colin	12	HVAC-VA	38.29
7 Lewis, Nathaniel W	12	ECAT-VA	39.68
8 Font, Draco J	11	ECAT-VA	39.76
9 Coleman, Landon	12	HVAC-VA	40.44
10 Upchurch, Thomas	12	HVAC-VA	42.15
11 Butler, Brody A	12	ODAC-VA	42.25
12 Cashman, Nolan J	11	ODAC-VA	46.99
13 Upchurch, David	11	HVAC-VA	49.15
14 Borer, William	11	HVAC-VA	1:19.89

## Event 99 Girls 10 &amp; Under 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Wood, Abby	10	HVAC-VA	36.73
2 Chappell, Anna	10	HVAC-VA	39.08
3 Karunararatne, Olivia C	10	ECAT-VA	39.79
4 Bialorucki, Heidi M	9	ODAC-VA	42.20
5 Maduro, Kalina D	10	ECAT-VA	42.63
6 Steinert, Abbie L	10	ECAT-VA	42.93
7 Duncan, Caydence G	9	ECAT-VA	43.08
8 Hood, Norah G	8	ODAC-VA	43.46
9 Baggett, Kady A	10	ODAC-VA	43.72
10 Melillo, Charlotte	10	HVAC-VA	43.91
11 Saye, Evelyn	10	HVAC-VA	44.85
12 Alexander, Kalyn B	10	ODAC-VA	45.76
13 Bevilacqua, Aria	9	HVAC-VA	46.92
14 Lawrence, Asher F	10	ODAC-VA	47.07
15 Behan, McKenna	10	HVAC-VA	47.22
16 Quihuis, Emelia N	9	ODAC-VA	48.25
17 Osborne, Rose O	10	ODAC-VA	48.61
18 Thacker, Bristol	9	HVAC-VA	48.65
19 Rodriguez, Arriana H	10	ODAC-VA	48.95
20 Harding, Leila K	10	ODAC-VA	51.30
21 Khoury, Eva K	10	ODAC-VA	52.94
22 Fish, Eliza J	9	ODAC-VA	54.39
23 Boyette, Aria C	9	ODAC-VA	56.72
24 Allen, Alexa	9	HVAC-VA	57.54
25 Biagi, Paige S	7	ODAC-VA	59.40
26 Edwards, Vivian	9	HVAC-VA	1:09.01
27 Osborne, Kat L	9	ODAC-VA	1:09.17
28 Jorgensen, Aves	10	HVAC-VA	NT

## Event 100 Boys 10 &amp; Under 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Sallee, Timmy J	10	ODAC-VA	38.50
2 Chavez, Landon M	9	ODAC-VA	38.83
3 Wier, Kenny P	10	ODAC-VA	40.23
4 Talley, Rezner C	10	ODAC-VA	40.65
5 Vasquez, Leon	10	HVAC-VA	40.83
6 Grizzard, Hudson R	10	ODAC-VA	41.90
7 Blount, Jared L	9	ECAT-VA	44.75
8 Riley, Finn S	9	ODAC-VA	45.33
9 Birckholtz, Ben G	9	ODAC-VA	50.23
10 Shelton, David A	10	ECAT-VA	51.50
11 Khoury, Elias J	9	ODAC-VA	52.30
12 Vonderhaar, Ethan M	9	ODAC-VA	52.64
13 Palmer, Logan H	10	ODAC-VA	54.98
14 Rodriguez, Caspian	9	ODAC-VA	57.44
15 Borer, James	10	HVAC-VA	1:00.72
16 Furr, Cole	10	HVAC-VA	1:03.22
17 Warren, Asher J	7	ODAC-VA	1:03.74
18 Falls, Lucas S	9	ODAC-VA	1:08.05
19 Frailing, Benjamin	10	HVAC-VA	NT
20 Upchurch, Aaron	9	HVAC-VA	NT

## Event 101 Girls 11-12 200 Yard Breaststroke

Name	Age	Team	Seed Time
1 Stowell, Olivia R	11	ODAC-VA	3:07.73

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

## Event 101 ...(Girls 11-12 200 Yard Breaststroke)

Name	Age	Team	Seed Time
2 Hunter, Teagan	12	HVAC-VA	3:36.70
3 Cokley, Scarlett M	11	ODAC-VA	NT

## Event 102 Boys 11-12 200 Yard Breaststroke

Name	Age	Team	Seed Time
1 Bialorucki, Camron J	12	ODAC-VA	3:01.62
2 Parilla, Donal C	11	ECAT-VA	3:05.37
3 Barnes, Colin	12	HVAC-VA	NT

## Event 103 Girls 8 &amp; Under 25 Yard Backstroke

Name	Age	Team	Seed Time
1 Talley, Rylynn S	8	ODAC-VA	20.20
2 French, Marilyn G	8	ODAC-VA	20.70
3 Evans, Carlee R	8	ODAC-VA	22.16
4 Neveaux, McKenna	8	HVAC-VA	22.38
5 Gurnee, Charlotte C	8	ODAC-VA	24.26
6 Lomax, Rhodes	7	HVAC-VA	24.53
7 Morgan, Minx E	8	ODAC-VA	25.18
8 Biagi, Paige S	7	ODAC-VA	26.09
9 Ring, Eleanor J	6	ODAC-VA	28.40
10 Riley, Eilis S	6	ODAC-VA	29.02
11 Broznak, Eliana H	6	ODAC-VA	29.22
12 Thacker, Sydney	8	HVAC-VA	29.37
13 Chappell, Josey	6	HVAC-VA	30.53
14 French, Melanie C	6	ODAC-VA	31.25
15 Mayotte, Elliott A	8	ODAC-VA	32.67
16 Mabe, Claire L	6	ODAC-VA	33.03
17 Allen, Sage A	6	ECAT-VA	37.12
18 Newman, Sloane	5	HVAC-VA	38.34
19 Gainor, Maddie R	8	ECAT-VA	NT
20 McAnuff, Zoe	7	HVAC-VA	NT
21 Hurst, Nora	7	HVAC-VA	NT
22 Griffith, Maggie	8	HVAC-VA	NT

## Event 104 Boys 8 &amp; Under 25 Yard Backstroke

Name	Age	Team	Seed Time
1 Sallee, Nate W	8	ODAC-VA	18.63
2 Chappell, Davis	8	HVAC-VA	20.69
3 Kidd, Beckham D	8	ODAC-VA	23.22
4 Gold, Weston R	8	ODAC-VA	23.54
5 Warren, Asher J	7	ODAC-VA	24.77
6 Newton, Patrick	8	HVAC-VA	27.81
7 Vonderhaar, Jayden M	7	ODAC-VA	28.28
8 Neveaux, Bryson	7	HVAC-VA	29.87
9 Khoury, Ezra D	7	ODAC-VA	31.97
10 Mabe, Grady R	8	ODAC-VA	32.09
11 Turconi, Calvin K	8	ODAC-VA	34.77
12 Cahoon, Sebastian	8	HVAC-VA	40.19
13 Harding, Luke W	7	ODAC-VA	NT
14 King, Nathan	7	HVAC-VA	NT
15 Patel, Kayan	8	HVAC-VA	XNT

## Event 105 Girls 11-12 50 Yard Freestyle

Name	Age	Team	Seed Time
1 Steinert, Allie B	12	ECAT-VA	29.38
2 Barnett, Brooklyn R	11	ECAT-VA	30.10
3 Garland, Maddi R	12	ODAC-VA	31.48

4 Khoury, Ethne E	12	ODAC-VA	34.02
5 Rodriguez, Sophia A	12	ECAT-VA	34.19
6 Cokley, Scarlett M	11	ODAC-VA	34.89
7 Colton, Sloan	11	HVAC-VA	35.11
8 Wetmore, Charlotte G	11	ODAC-VA	37.54
9 Dail, Regan	11	HVAC-VA	38.23
10 Jones, Meagan	11	HVAC-VA	38.26
11 Dail, Katie	11	HVAC-VA	40.16
12 Frailing, Sela	11	HVAC-VA	43.68
13 Quihuis, Scarlett E	12	ODAC-VA	44.54

## Event 106 Boys 11-12 50 Yard Freestyle

Name	Age	Team	Seed Time
1 McDonald, James A	11	ODAC-VA	28.68
2 Bialorucki, Camron J	12	ODAC-VA	29.19
3 Masson, Bennett A	12	ODAC-VA	29.54
4 Robinson, Nathan J	12	ECAT-VA	30.09
5 Parilla, Donal C	11	ECAT-VA	31.47
6 Lewis, Nathaniel W	12	ECAT-VA	31.56
7 Bosmans, Noah W	12	ECAT-VA	31.65
8 Font, Draco J	11	ECAT-VA	32.63
9 Barnes, Colin	12	HVAC-VA	33.30
10 Butler, Brody A	12	ODAC-VA	34.37
11 Coleman, Landon	12	HVAC-VA	35.34
12 Upchurch, Thomas	12	HVAC-VA	37.95
13 Upchurch, David	11	HVAC-VA	43.01
14 Borer, William	11	HVAC-VA	1:00.79
15 Cashman, Nolan J	11	ODAC-VA	NT

## Event 107 Girls 10 &amp; Under 50 Yard Freestyle

Name	Age	Team	Seed Time
1 Bialorucki, Heidi M	9	ODAC-VA	33.39
2 Chappell, Anna	10	HVAC-VA	34.55
3 Baggett, Kady A	10	ODAC-VA	35.19
4 Wood, Abby	10	HVAC-VA	35.37
5 Karunarathne, Olivia C	10	ECAT-VA	35.81
6 Quihuis, Emelia N	9	ODAC-VA	35.82
7 Behan, McKenna	10	HVAC-VA	36.44
8 Steinert, Abbie L	10	ECAT-VA	36.70
9 Melillo, Charlotte	10	HVAC-VA	36.95
10 Hood, Norah G	8	ODAC-VA	37.56
11 Harding, Leila K	10	ODAC-VA	37.57
12 Duncan, Caydence G	9	ECAT-VA	38.05
13 Lawrence, Asher F	10	ODAC-VA	38.54
14 French, Marilyn G	8	ODAC-VA	38.85
15 Alexander, Kalyn B	10	ODAC-VA	38.92
16 Maduro, Kalina D	10	ECAT-VA	39.31
17 Boyette, Aria C	9	ODAC-VA	39.49
18 Rodriguez, Arriana H	10	ODAC-VA	39.52
19 Talley, Rylynn S	8	ODAC-VA	39.77
20 Khoury, Eva K	10	ODAC-VA	40.30
21 Neveaux, McKenna	8	HVAC-VA	40.36
22 Saye, Evelyn	10	HVAC-VA	40.61
23 Fish, Eliza J	9	ODAC-VA	40.79
24 Bevilacqua, Aria	9	HVAC-VA	41.08
25 Thacker, Bristol	9	HVAC-VA	42.11
26 Evans, Carlee R	8	ODAC-VA	44.11
27 LaFleur, Rian M	9	ECAT-VA	44.84



## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

## Event 107 ... (Girls 10 &amp; Under 50 Yard Freestyle)

Name	Age	Team	Seed Time
28 Lomax, Rhodes	7	HVAC-VA	46.76
29 Gurnee, Charlotte C	8	ODAC-VA	47.77
30 Allen, Alexa	9	HVAC-VA	47.81
31 Osborne, Rose O	10	ODAC-VA	48.18
32 Alexander, Adley E	7	ODAC-VA	50.08
33 Osborne, Kat L	9	ODAC-VA	51.48
34 Edwards, Vivian	9	HVAC-VA	53.17
35 Ring, Eleanor J	6	ODAC-VA	58.89
36 Biagi, Paige S	7	ODAC-VA	59.63
37 Thacker, Sydney	8	HVAC-VA	1:00.38
38 Mayotte, Elliott A	8	ODAC-VA	1:00.41
39 Riley, Eilis S	6	ODAC-VA	1:07.66
40 Mabe, Claire L	6	ODAC-VA	1:25.70
41 Allen, Sage A	6	ECAT-VA	1:41.18
42 Broznak, Eliana H	6	ODAC-VA	NT
43 McAnuff, Zoe	7	HVAC-VA	NT
44 Hurst, Nora	7	HVAC-VA	NT
45 Griffith, Maggie	8	HVAC-VA	NT
46 Jorgensen, Aves	10	HVAC-VA	NT

## Event 108 Boys 10 &amp; Under 50 Yard Freestyle

Name	Age	Team	Seed Time
1 Chavez, Landon M	9	ODAC-VA	30.70
2 Sallee, Timmy J	10	ODAC-VA	33.28
3 Vasquez, Leon	10	HVAC-VA	34.44
4 Wier, Kenny P	10	ODAC-VA	34.98
5 Grizzard, Hudson R	10	ODAC-VA	35.11
6 Sallee, Nate W	8	ODAC-VA	35.43
7 Birkholtz, Ben G	9	ODAC-VA	36.31
8 Talley, Rezner C	10	ODAC-VA	36.77
9 Blount, Jared L	9	ECAT-VA	39.30
10 Riley, Finn S	9	ODAC-VA	40.02
11 Vonderhaar, Ethan M	9	ODAC-VA	41.47
12 King, Caiden	8	HVAC-VA	42.84
13 Shelton, David A	10	ECAT-VA	43.78
14 Saye, Emory	8	HVAC-VA	44.26
15 Khoury, Elias J	9	ODAC-VA	45.35
16 Frailing, Benjamin	10	HVAC-VA	48.68
17 Newton, Patrick	8	HVAC-VA	49.56
18 Palmer, Logan H	10	ODAC-VA	50.84
19 Warren, Asher J	7	ODAC-VA	51.20
20 Borer, James	10	HVAC-VA	53.89
21 Mabe, Grady R	8	ODAC-VA	54.34
22 Kidd, Beckham D	8	ODAC-VA	54.51
23 Vonderhaar, Jayden M	7	ODAC-VA	55.39
24 Furr, Cole	10	HVAC-VA	55.92
25 Neveaux, Bryson	7	HVAC-VA	56.26
26 Rodriguez, Caspian	9	ODAC-VA	57.37
27 Upchurch, Aaron	9	HVAC-VA	58.19
28 Falls, Lucas S	9	ODAC-VA	1:01.79
29 Khoury, Ezra D	7	ODAC-VA	NT
30 Harding, Luke W	7	ODAC-VA	NT
31 Cahoon, Sebastian	8	HVAC-VA	NT

## Event 109 Girls 11-12 100 Yard IM

Name	Age	Team	Seed Time
1 Steinert, Allie B	12	ECAT-VA	1:11.16
2 Stowell, Olivia R	11	ODAC-VA	1:19.90
3 Barnett, Brooklyn R	11	ECAT-VA	1:20.26
4 Garland, Maddi R	12	ODAC-VA	1:25.40
5 Hunter, Teagan	12	HVAC-VA	1:26.45
6 Cokley, Scarlett M	11	ODAC-VA	1:27.63
7 Rodriguez, Sophia A	12	ECAT-VA	1:28.31
8 Khoury, Ethne E	12	ODAC-VA	1:34.99
9 Jones, Meagan	11	HVAC-VA	1:37.44
10 Wetmore, Charlotte G	11	ODAC-VA	1:39.17
11 Quihuis, Scarlett E	12	ODAC-VA	1:48.43
12 Frailing, Sela	11	HVAC-VA	NT
13 Colton, Sloan	11	HVAC-VA	NT
14 Dail, Katie	11	HVAC-VA	NT
15 Dail, Regan	11	HVAC-VA	NT

## Event 110 Boys 11-12 100 Yard IM

Name	Age	Team	Seed Time
1 McDonald, James A	11	ODAC-VA	1:17.35
2 Masson, Bennett A	12	ODAC-VA	1:17.37
3 Robinson, Nathan J	12	ECAT-VA	1:19.61
4 Barnes, Colin	12	HVAC-VA	1:20.21
5 Font, Draco J	11	ECAT-VA	1:25.49
6 Parilla, Donal C	11	ECAT-VA	1:25.99
7 Lewis, Nathaniel W	12	ECAT-VA	1:27.33
8 Bosmans, Noah W	12	ECAT-VA	1:27.34
9 Butler, Brody A	12	ODAC-VA	1:27.72
10 Coleman, Landon	12	HVAC-VA	1:31.97
11 Upchurch, Thomas	12	HVAC-VA	1:37.49
12 Upchurch, David	11	HVAC-VA	1:51.36
13 Cashman, Nolan J	11	ODAC-VA	NT
14 Borer, Wiliam	11	HVAC-VA	NT

## Event 111 Girls 10 &amp; Under 100 Yard IM

Name	Age	Team	Seed Time
1 Karunararatne, Olivia C	10	ECAT-VA	1:26.89
2 Bialorucki, Heidi M	9	ODAC-VA	1:28.87
3 Wood, Abby	10	HVAC-VA	1:31.58
4 Baggett, Kady A	10	ODAC-VA	1:31.83
5 Chappell, Anna	10	HVAC-VA	1:32.90
6 Behan, McKenna	10	HVAC-VA	1:36.94
7 Steinert, Abbie L	10	ECAT-VA	1:37.76
8 Quihuis, Emelia N	9	ODAC-VA	1:39.28
9 Hood, Norah G	8	ODAC-VA	1:40.02
10 Duncan, Caydence G	9	ECAT-VA	1:41.04
11 Boyette, Aria C	9	ODAC-VA	1:41.33
12 Lawrence, Asher F	10	ODAC-VA	1:42.66
13 Khoury, Eva K	10	ODAC-VA	1:44.22
14 Harding, Leila K	10	ODAC-VA	1:44.64
15 Maduro, Kalina D	10	ECAT-VA	1:44.74
16 Rodriguez, Arriana H	10	ODAC-VA	1:45.62
17 Melillo, Charlotte	10	HVAC-VA	1:46.64
18 Thacker, Bristol	9	HVAC-VA	1:47.45
19 Alexander, Kalyn B	10	ODAC-VA	1:49.16
20 Saye, Evelyn	10	HVAC-VA	1:49.31

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

## Event 111 ... (Girls 10 &amp; Under 100 Yard IM)

Name	Age	Team	Seed Time
21 Neveaux, McKenna	8	HVAC-VA	1:54.38
22 Osborne, Rose O	10	ODAC-VA	1:56.49
23 Bevilacqua, Aria	9	HVAC-VA	1:57.91
24 LaFleur, Rian M	9	ECAT-VA	2:02.35
25 Fish, Eliza J	9	ODAC-VA	2:04.46
26 Lomax, Rhodes	7	HVAC-VA	2:15.72
27 Morgan, Minx E	8	ODAC-VA	2:16.98
28 Alexander, Adley E	7	ODAC-VA	NT
29 Jorgensen, Aves	10	HVAC-VA	NT

## Event 112 Boys 10 &amp; Under 100 Yard IM

Name	Age	Team	Seed Time
1 Chavez, Landon M	9	ODAC-VA	1:21.72
2 Sallee, Timmy J	10	ODAC-VA	1:28.15
3 Wier, Kenny P	10	ODAC-VA	1:28.80
4 Grizzard, Hudson R	10	ODAC-VA	1:34.01
5 Riley, Finn S	9	ODAC-VA	1:35.09
6 Vasquez, Leon	10	HVAC-VA	1:35.61
7 Talley, Rezner C	10	ODAC-VA	1:37.09
8 Sallee, Nate W	8	ODAC-VA	1:37.45
9 Chappell, Davis	8	HVAC-VA	1:39.73
10 Blount, Jared L	9	ECAT-VA	1:40.46
11 Birckholtz, Ben G	9	ODAC-VA	1:41.25
12 Vonderhaar, Ethan M	9	ODAC-VA	1:49.47
13 Saye, Emory	8	HVAC-VA	1:59.35
14 Gold, Weston R	8	ODAC-VA	2:01.28
15 King, Caiden	8	HVAC-VA	2:01.84
16 Shelton, David A	10	ECAT-VA	2:07.90
17 Palmer, Logan H	10	ODAC-VA	NT
18 Khoury, Elias J	9	ODAC-VA	NT
19 Borer, James	10	HVAC-VA	NT
20 Frailing, Benjamin	10	HVAC-VA	NT

## Event 113 Mixed 10 &amp; Under 200 Yard Medley Relay

Team	Relay	Seed Time
1 ODAC-VA	A	2:32.87
1) Sallee, Timmy J M10	2) Bialorucki, Heidi M W9	
3) Chavez, Landon M M9	4) Baggett, Kadya A W10	
2 ODAC-VA	B	2:42.79
1) Hood, Norah G W8	2) Riley, Finn S M9	
3) Wier, Kenny P M10	4) Quihuis, Emelia N W9	
3 ODAC-VA	C	2:48.25
1) Talley, Rezner C M10	2) Lawrence, Asher F W10	
3) Grizzard, Hudson R M10	4) Harding, Leila K W10	
4 ODAC-VA	D	2:56.73
1) French, Marilyn G W8	2) Sallee, Nate W M8	
3) Khoury, Eva K W10	4) Birckholtz, Ben G M9	
5 HVAC-VA	A	3:08.49
1) Chappell, Anna W10	2) Vasquez, Leon M10	
3) Wood, Abby W10	4) Chappell, Davis M8	
6 HVAC-VA	B	NT
1) Melillo, Charlotte W10	2) King, Caiden M8	
3) Behan, McKenna W10	4) Frailing, Benjamin M10	

## Event 114 Mixed 11-12 200 Yard Medley Relay

Team	Relay	Seed Time
1 ODAC-VA	A	2:17.62
1) Bialorucki, Camron J M12	2) Stowell, Olivia R W11	
3) Garland, Maddi R W12	4) McDonald, James A M11	
2 ODAC-VA	B	2:38.60
1) Cokley, Scarlett M W11	2) Butler, Brody A M12	
3) Masson, Bennett A M12	4) Khoury, Ethne E W12	
3 HVAC-VA	A	2:39.40
1) Coleman, Landon M12	2) Hunter, Teagan W12	
3) Barnes, Colin M12	4) Colton, Sloan W11	
4 HVAC-VA	B	3:02.61
1) Dail, Katie W11	2) Upchurch, Thomas M12	
3) Jones, Meagan W11	4) Defendeifer, Finn M11	

## Event 121 Girls 13-14 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ECAT-VA	A	NT
1) Willis, Kaitlyn E 14	2) Wood, Payton J 14	
3) Lydens, Ava F 14	4) Parilla, Chiara M 14	

## Event 123 Girls 15 &amp; Over 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 HVAC-VA	A	NT
1) Kanak, Abby 16	2) Kaweck, Lillian 15	
3) Kanak, Lizzie 18	4) Isaac, Lucia 16	

## Event 124 Boys 15 &amp; Over 100 Yard Freestyle Relay

Team	Relay	Seed Time
1 ECAT-VA	A	NT
1) Parker, Riley J 17	2) Bosmans, Miles W 15	
3) DeFeo, Preston D 16	4) Willis, Cameron C 17	
2 HVAC-VA	A	NT
1) Sievenpiper, Joe 16	2) Robinson, Dylan 17	
3) Smelser, Marcus 17	4) Roberts, Sloan 18	

## Event 125 Girls 13-14 100 Yard Breaststroke

Name	Age	Team	Seed Time
1 Masson, Mira C	13	ODAC-VA	1:16.46
2 Wood, Payton J	14	ECAT-VA	1:19.99
3 Stalnaker, Gabby	14	HVAC-VA	1:22.22
4 Dorris, Sydney E	14	ODAC-VA	1:25.86
5 Parilla, Chiara M	14	ECAT-VA	1:27.09
6 Palmer, Lillie Q	13	ODAC-VA	1:32.82
7 Lydens, Ava F	14	ECAT-VA	1:34.06
8 Williamson, Stella R	13	ODAC-VA	1:34.53
9 Monteil, Lily A	13	ODAC-VA	1:52.03

## Event 126 Boys 13-14 100 Yard Breaststroke

Name	Age	Team	Seed Time
1 McGriff, Matthew	14	HVAC-VA	1:16.89
2 Wood, Henry O	13	ECAT-VA	1:23.61
3 Dinsmore, Luke M	13	ODAC-VA	1:24.60
4 Reese, Brayden T	14	ECAT-VA	1:26.62
5 Newman, Ian	13	HVAC-VA	1:27.22
6 Koch, Oliver	13	HVAC-VA	1:40.45
7 Durbin, Kip C	13	ODAC-VA	1:48.03
8 Dyckman, Sam J	14	ODAC-VA	1:54.09
9 Echem, Jack G	14	UN-EC-VA	NT

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

**Event 127 Girls 15 & Over 100 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Masson, Alina G	16	ODAC-VA	1:09.84
2 Brutus, Gianna A	16	ODAC-VA	1:16.77
3 Isaac, Lucia	16	HVAC-VA	1:19.04
4 Shelton, Lizzie A	15	ECAT-VA	1:24.65
5 Viau, Maya	15	HVAC-VA	1:27.32
6 Kopach, Delaney G	15	ODAC-VA	1:30.25
7 Kanak, Lizzie	18	HVAC-VA	1:31.12
8 Kanak, Abby	16	HVAC-VA	1:33.44
9 Martinez, JJ A	15	ODAC-VA	1:46.12

**Event 128 Boys 15 & Over 100 Yard Breaststroke**

Name	Age	Team	Seed Time
1 DeFeo, Preston D	16	ECAT-VA	1:07.66
2 Smelser, Marcus	17	HVAC-VA	1:08.95
3 Willis, Cameron C	17	ECAT-VA	1:11.48
4 Parker, Riley J	17	ECAT-VA	1:12.80
5 Sievenpiper, Joe	16	HVAC-VA	1:15.74
6 Payne, Dayton L	16	ODAC-VA	1:18.45
7 Steed, JT T	15	ODAC-VA	1:23.58
8 Bosmans, Miles W	15	ECAT-VA	1:24.15
9 Butler, Braden H	15	ODAC-VA	1:35.28
10 Vasquez, Max	16	HVAC-VA	1:37.83

**Event 129 Girls 13-14 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Masson, Mira C	13	ODAC-VA	1:59.76
2 Dyckman, Melanie N	13	ODAC-VA	2:11.57
3 Stalnaker, Gabby	14	HVAC-VA	2:13.90
4 Dorris, Sydney E	14	ODAC-VA	2:16.71
5 Parilla, Chiara M	14	ECAT-VA	2:24.48
6 Willis, Kaitlyn E	14	ECAT-VA	2:26.88
7 Palmer, Lillie Q	13	ODAC-VA	2:31.99
8 LE, Isadora V	13	ODAC-VA	2:34.79
9 Williamson, Stella R	13	ODAC-VA	2:36.86
10 Wittkamp, Larkin	13	HVAC-VA	2:46.33
11 Monteil, Lily A	13	ODAC-VA	2:59.63

**Event 130 Boys 13-14 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Dyckman, Sam J	14	ODAC-VA	2:07.26
2 Wood, Henry O	13	ECAT-VA	2:13.07
3 Dinsmore, Luke M	13	ODAC-VA	2:16.39
4 Kopach, Garrett R	13	ODAC-VA	2:17.38
5 Reese, Brayden T	14	ECAT-VA	2:18.83
6 Barden, Aidan	13	HVAC-VA	2:22.63
7 McGriff, Matthew	14	HVAC-VA	2:26.28
8 Gillette, Akai	13	HVAC-VA	2:26.56
9 Newman, Ian	13	HVAC-VA	2:31.46
10 Ausband, Conrad M	14	ODAC-VA	2:40.35
11 Koch, Oliver	13	HVAC-VA	2:45.73
12 Durbin, Kip C	13	ODAC-VA	3:07.12

**Event 131 Girls 15 & Over 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Masson, Alina G	16	ODAC-VA	1:58.29
2 Brutus, Gianna A	16	ODAC-VA	2:11.58

3 Kanak, Abby	16	HVAC-VA	2:17.73
4 Kopach, Delaney G	15	ODAC-VA	2:27.65
5 Viau, Maya	15	HVAC-VA	2:32.11
6 Martinez, JJ A	15	ODAC-VA	2:46.03
7 Patterson, Maddie A	16	UN-EC-VA	NT

**Event 132 Boys 15 & Over 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Parker, Riley J	17	ECAT-VA	1:54.32
2 Robinson, Dylan	17	HVAC-VA	1:56.29
3 Steed, JT T	15	ODAC-VA	1:57.66
4 Willis, Cameron C	17	ECAT-VA	2:00.56
5 Roberts, Sloan	18	HVAC-VA	2:01.79
6 Smelser, Marcus	17	HVAC-VA	2:02.84
7 Payne, Dayton L	16	ODAC-VA	2:10.03
8 Jarrett, Hudson T	16	ODAC-VA	2:10.96
9 Vasquez, Max	16	HVAC-VA	2:30.42
10 Butler, Braden H	15	ODAC-VA	2:48.67

**Event 133 Girls 13-14 50 Yard Butterfly**

Name	Age	Team	Seed Time
1 Dyckman, Melanie N	13	ODAC-VA	30.18
2 Willis, Kaitlyn E	14	ECAT-VA	31.39
3 Lydens, Ava F	14	ECAT-VA	32.04
4 LE, Isadora V	13	ODAC-VA	33.11
5 Wood, Payton J	14	ECAT-VA	35.23
6 Parilla, Chiara M	14	ECAT-VA	40.01
7 Wittkamp, Larkin	13	HVAC-VA	NT

**Event 134 Boys 13-14 50 Yard Butterfly**

Name	Age	Team	Seed Time
1 Gillette, Akai	13	HVAC-VA	30.74
2 Newman, Ian	13	HVAC-VA	32.66
3 Barden, Aidan	13	HVAC-VA	33.93
4 Kopach, Garrett R	13	ODAC-VA	33.97
5 Koch, Oliver	13	HVAC-VA	35.32
6 Ausband, Conrad M	14	ODAC-VA	35.57
7 Coyne, Aubrey J	13	ECAT-VA	45.42
8 Echem, Jack G	14	UN-EC-VA	NT

**Event 135 Girls 15 & Over 50 Yard Butterfly**

Name	Age	Team	Seed Time
1 Kanak, Lizzie	18	HVAC-VA	29.35
2 Kanak, Abby	16	HVAC-VA	30.25
3 Isaac, Lucia	16	HVAC-VA	32.26
4 Shelton, Lizzie A	15	ECAT-VA	35.44

**Event 136 Boys 15 & Over 50 Yard Butterfly**

Name	Age	Team	Seed Time
1 Smelser, Marcus	17	HVAC-VA	24.90
2 DeFeo, Preston D	16	ECAT-VA	26.09
3 Robinson, Dylan	17	HVAC-VA	26.18
4 Roberts, Sloan	18	HVAC-VA	26.41
5 Willis, Cameron C	17	ECAT-VA	29.87
6 Bosmans, Miles W	15	ECAT-VA	33.08
7 Jarrett, Hudson T	16	ODAC-VA	47.21
8 Sievenpiper, Joe	16	HVAC-VA	NT

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

**Event 137 Girls 13-14 100 Yard Backstroke**

Name	Age	Team	Seed Time
1 Masson, Mira C	13	ODAC-VA	59.55
2 Willis, Kaitlyn E	14	ECAT-VA	1:07.28
3 Lydens, Ava F	14	ECAT-VA	1:07.95
4 Wood, Payton J	14	ECAT-VA	1:08.86
5 Dyckman, Melanie N	13	ODAC-VA	1:11.17
6 Stalnaker, Gabby	14	HVAC-VA	1:11.69
7 Dorris, Sydney E	14	ODAC-VA	1:13.34
8 Williamson, Stella R	13	ODAC-VA	1:21.72
9 Wittkamp, Larkin	13	HVAC-VA	1:23.72
10 Palmer, Lillie Q	13	ODAC-VA	1:24.15
11 LE, Isadora V	13	ODAC-VA	1:28.73
12 Monteil, Lily A	13	ODAC-VA	1:43.44

**Event 138 Boys 13-14 100 Yard Backstroke**

Name	Age	Team	Seed Time
1 Dyckman, Sam J	14	ODAC-VA	1:08.73
2 Wood, Henry O	13	ECAT-VA	1:08.83
3 Dinsmore, Luke M	13	ODAC-VA	1:10.17
4 Barden, Aidan	13	HVAC-VA	1:10.84
5 Kopach, Garrett R	13	ODAC-VA	1:12.12
6 Gillette, Akai	13	HVAC-VA	1:15.45
7 Reese, Brayden T	14	ECAT-VA	1:17.00
8 Ausband, Conrad M	14	ODAC-VA	1:21.92
9 Coyne, Aubrey J	13	ECAT-VA	1:26.10
10 Durbin, Kip C	13	ODAC-VA	2:34.05
11 Echem, Jack G	14	UN-EC-VA	NT

**Event 139 Girls 15 & Over 100 Yard Backstroke**

Name	Age	Team	Seed Time
1 Masson, Alina G	16	ODAC-VA	1:02.32
2 Shelton, Lizzie A	15	ECAT-VA	1:08.21
3 Kanak, Lizzie	18	HVAC-VA	1:09.37
4 Brutus, Gianna A	16	ODAC-VA	1:10.68
5 Kopach, Delaney G	15	ODAC-VA	1:18.94
6 Martinez, JJ A	15	ODAC-VA	1:25.57
7 Patterson, Maddie A	16	UN-EC-VA	NT

**Event 140 Boys 15 & Over 100 Yard Backstroke**

Name	Age	Team	Seed Time
1 Parker, Riley J	17	ECAT-VA	55.24
2 DeFeo, Preston D	16	ECAT-VA	55.77
3 Robinson, Dylan	17	HVAC-VA	57.57
4 Steed, JT T	15	ODAC-VA	1:00.58
5 Jarrett, Hudson T	16	ODAC-VA	1:01.09
6 Sevenpiper, Joe	16	HVAC-VA	1:01.56
7 Roberts, Sloan	18	HVAC-VA	1:08.26
8 Payne, Dayton L	16	ODAC-VA	1:12.36
9 Bosmans, Miles W	15	ECAT-VA	1:18.43
10 Vasquez, Max	16	HVAC-VA	1:27.87
11 Butler, Braden H	15	ODAC-VA	1:29.68

**Event 141 Girls 13 & Over 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 ODAC-VA	A	1:47.99
1) Masson, Mira C 13	2) Brutus, Gianna A 16	
3) Dyckman, Melanie N 13	4) Masson, Alina G 16	

2 HVAC-VA	A	1:53.50
1) Stalnaker, Gabby 14	2) Wittkamp, Larkin 13	
3) Kanak, Lizzie 18	4) Kawecki, Lillian 15	

**Event 142 Boys 13 & Over 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 ODAC-VA	A	1:40.41
1) Jarrett, Hudson T 16	2) Dyckman, Sam J 14	
3) Payne, Dayton L 16	4) Steed, JT T 15	
2 HVAC-VA	A	1:45.82
1) McGriff, Matthew 14	2) Barden, Aidan 13	
3) Roberts, Sloan 18	4) Sevenpiper, Joe 16	
3 HVAC-VA	B	1:50.11
1) Koch, Oliver 13	2) Gillette, Akai 13	
3) Vasquez, Max 16	4) Robinson, Dylan 17	

**Event 143 Girls 11-12 100 Yard Freestyle Relay**

Team	Relay	Seed Time
1 ECAT-VA	A	NT
1) Steinert, Allie B 12	2) Reese, Alexa A 11	
3) Rodriguez, Sophia A 12	4) Barnett, Brooklyn R 11	
2 HVAC-VA	A	NT
1) Hunter, Teagan 12	2) Colton, Sloan 11	
3) Dail, Katie 11	4) Threlkeld, Evelyn 12	

**Event 144 Boys 11-12 100 Yard Freestyle Relay**

Team	Relay	Seed Time
1 ECAT-VA	A	NT
1) Lewis, Nathaniel W 12	2) Bosmans, Noah W 12	
3) Parilla, Donal C 11	4) Font, Draco J 11	
2 HVAC-VA	A	NT
1) Barnes, Colin 12	2) Upchurch, Thomas 12	
3) Defendeifer, Finn 11	4) Coleman, Landon 12	

**Event 145 Girls 10 & Under 100 Yard Freestyle Relay**

Team	Relay	Seed Time
1 ECAT-VA	A	1:12.42
1) Karunaratne, Olivia C 10	2) Duncan, Caydence G 9	
3) Steinert, Abbie L 10	4) Maduro, Kalina D 10	
2 HVAC-VA	A	NT
1) Melillo, Charlotte 10	2) Behan, McKenna 10	
3) Chappell, Anna 10	4) Wood, Abby 10	
3 HVAC-VA	B	NT
1) Bevilacqua, Aria 9	2) Saye, Evelyn 10	
3) Jorgensen, Aves 10	4) McAnuff, Zoe 7	

**Event 146 Boys 10 & Under 100 Yard Freestyle Relay**

Team	Relay	Seed Time
1 HVAC-VA	B	1:29.65
1) Saye, Emory 8	2) Upchurch, Aaron 9	
3) Neveaux, Bryson 7	4) Newton, Patrick 8	
2 HVAC-VA	A	NT
1) Newman, Silas 10	2) Chan, Isaac 10	
3) Frailing, Benjamin 10	4) Vasquez, Leon 10	

**Event 147 Girls 11-12 100 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Steinert, Allie B	12	ECAT-VA	1:24.47
2 Stowell, Olivia R	11	ODAC-VA	1:26.43
3 Bethel, Avery	11	HVAC-VA	1:35.94
4 Hunter, Teagan	12	HVAC-VA	1:39.80

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

**Event 147 ... (Girls 11-12 100 Yard Breaststroke)**

Name	Age	Team	Seed Time
5 Rodriguez, Sophia A	12	ECAT-VA	1:40.01
6 Garland, Maddi R	12	ODAC-VA	1:44.12
7 Cokley, Scarlett M	11	ODAC-VA	1:54.09
8 Reese, Alexa A	11	ECAT-VA	2:01.31
9 Wetmore, Charlotte G	11	ODAC-VA	2:05.31
10 Barnett, Brooklyn R	11	ECAT-VA	NT

**Event 148 Boys 11-12 100 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Bialorucki, Camron J	12	ODAC-VA	1:25.19
2 McDonald, James A	11	ODAC-VA	1:30.35
3 Parilla, Donal C	11	ECAT-VA	1:30.82
4 Coleman, Landon	12	HVAC-VA	1:38.31
5 Font, Draco J	11	ECAT-VA	1:38.79
6 Barnes, Colin	12	HVAC-VA	1:41.39
7 Monteil, Mason O	11	ODAC-VA	1:42.84
8 Upchurch, Thomas	12	HVAC-VA	1:45.60
9 Butler, Brody A	12	ODAC-VA	1:47.41
10 Defendeifer, Finn	11	HVAC-VA	1:52.73
11 Bosmans, Noah W	12	ECAT-VA	1:56.97
12 Upchurch, David	11	HVAC-VA	NT

**Event 149 Girls 10 & Under 100 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Karunaratne, Olivia C	10	ECAT-VA	1:44.19
2 Lorince, Kinsley A	9	ODAC-VA	1:44.50
3 Chappell, Anna	10	HVAC-VA	1:49.36
4 Wood, Abby	10	HVAC-VA	1:49.46
5 Lawrence, Asher F	10	ODAC-VA	1:50.95
6 Boyette, Aria C	9	ODAC-VA	1:53.76
7 LaFleur, Rian M	9	ECAT-VA	1:58.05
8 Rodriguez, Arriana H	10	ODAC-VA	2:02.68
9 Steinert, Abbie L	10	ECAT-VA	2:05.53
10 Melillo, Charlotte	10	HVAC-VA	2:11.77
11 Zayicek, Reese E	10	ODAC-VA	2:14.69
12 Osborne, Rose O	10	ODAC-VA	2:21.89
13 Alexander, Adley E	7	ODAC-VA	NT
14 Morgan, Minx E	8	ODAC-VA	NT
15 Maduro, Kalina D	10	ECAT-VA	NT

**Event 150 Boys 10 & Under 100 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Riley, Finn S	9	ODAC-VA	1:36.18
2 Grizzard, Hudson R	10	ODAC-VA	1:47.81
3 Sallee, Nate W	8	ODAC-VA	1:49.48
4 Talley, Rezner C	10	ODAC-VA	1:56.81
5 Vonderhaar, Ethan M	9	ODAC-VA	2:02.86
6 Chan, Isaac	10	HVAC-VA	NT
7 Borer, James	10	HVAC-VA	NT

**Event 151 Girls 8 & Under 25 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Gurnee, Charlotte C	8	ODAC-VA	24.19
2 Talley, Rylenn S	8	ODAC-VA	24.32
3 Evans, Carlee R	8	ODAC-VA	25.16
4 Morgan, Minx E	8	ODAC-VA	25.91
5 French, Marilyn G	8	ODAC-VA	26.02

6 Thacker, Sydney	8	HVAC-VA	36.54
7 Srikier, Lily G	8	ODAC-VA	NT
8 French, Melanie C	6	ODAC-VA	NT
9 Ring, Eleanor J	6	ODAC-VA	NT
10 Mayotte, Elliott A	8	ODAC-VA	NT
11 Allen, Sage A	6	ECAT-VA	NT
12 Gainor, Maddie R	8	ECAT-VA	NT

**Event 152 Boys 8 & Under 25 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Sallee, Nate W	8	ODAC-VA	21.70
2 King, Caiden	8	HVAC-VA	26.47
3 Durrett, Levi P	8	ODAC-VA	26.72
4 Saye, Emory	8	HVAC-VA	26.75
5 Gold, Weston R	8	ODAC-VA	26.90
6 Newton, Patrick	8	HVAC-VA	34.57
7 Vonderhaar, Jayden M	7	ODAC-VA	NT
8 King, Nathan	7	HVAC-VA	NT
9 Cahoon, Sebastian	8	HVAC-VA	NT
10 Patel, Kayan	8	HVAC-VA	XNT

**Event 153 Girls 11-12 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Stowell, Olivia R	11	ODAC-VA	2:27.32
2 Barnett, Brooklyn R	11	ECAT-VA	2:37.66
3 Garland, Maddi R	12	ODAC-VA	2:53.97
4 Reese, Alexa A	11	ECAT-VA	2:57.50
5 Colton, Sloan	11	HVAC-VA	3:00.20
6 Cokley, Scarlett M	11	ODAC-VA	3:00.80
7 Dail, Regan	11	HVAC-VA	3:22.57
8 Dail, Katie	11	HVAC-VA	3:25.31
9 Jones, Meagan	11	HVAC-VA	3:26.33

**Event 154 Boys 11-12 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Bialorucki, Camron J	12	ODAC-VA	2:17.55
2 McDonald, James A	11	ODAC-VA	2:18.89
3 Parilla, Donal C	11	ECAT-VA	2:24.29
4 Masson, Bennett A	12	ODAC-VA	2:26.29
5 Robinson, Nathan J	12	ECAT-VA	2:26.62
6 Lewis, Nathaniel W	12	ECAT-VA	2:29.54
7 Barnes, Colin	12	HVAC-VA	2:46.87
8 Dinsmore, Oscar F	11	ODAC-VA	2:49.57
9 Butler, Brody A	12	ODAC-VA	2:50.00
10 Monteil, Mason O	11	ODAC-VA	2:57.07
11 Defendeifer, Finn	11	HVAC-VA	3:24.76

**Event 155 Girls 10 & Under 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Karunaratne, Olivia C	10	ECAT-VA	2:34.44
2 Bialorucki, Heidi M	9	ODAC-VA	2:37.03
3 Baggett, Kady A	10	ODAC-VA	3:02.17
4 Duncan, Caydence G	9	ECAT-VA	3:14.35
5 Alexander, Kalyn B	10	ODAC-VA	3:22.96
6 Lawrence, Asher F	10	ODAC-VA	3:23.04
7 Behan, McKenna	10	HVAC-VA	3:30.41
8 Hood, Norah G	8	ODAC-VA	3:33.72
9 Saye, Evelyn	10	HVAC-VA	3:34.25
10 Zayicek, Reese E	10	ODAC-VA	4:23.30

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

## Event 155 ... (Girls 10 &amp; Under 200 Yard Freestyle)

Name	Age	Team	Seed Time
11 Lorince, Kinsley A	9	ODAC-VA	NT
12 Boyette, Aria C	9	ODAC-VA	NT
13 Dinsmore, Josie E	9	ODAC-VA	NT
14 Bevilacqua, Aria	9	HVAC-VA	NT

## Event 156 Boys 10 &amp; Under 200 Yard Freestyle

Name	Age	Team	Seed Time
1 Chavez, Landon M	9	ODAC-VA	2:27.93
2 Wier, Kenny P	10	ODAC-VA	2:46.48
3 Newman, Silas	10	HVAC-VA	2:58.22
4 Sallee, Timmy J	10	ODAC-VA	3:11.46
5 Vasquez, Leon	10	HVAC-VA	3:16.65
6 Chappell, Davis	8	HVAC-VA	3:16.73
7 Vonderhaar, Ethan M	9	ODAC-VA	3:18.47
8 Shelton, David A	10	ECAT-VA	3:48.86
9 Monteil, Caleb L	9	ODAC-VA	4:00.43
10 Palmer, Logan H	10	ODAC-VA	4:12.45
11 Gold, Weston R	8	ODAC-VA	NT
12 Blount, Jared L	9	ECAT-VA	NT
13 King, Caiden	8	HVAC-VA	NT
14 Saye, Emory	8	HVAC-VA	NT

## Event 157 Girls 8 &amp; Under 25 Yard Freestyle

Name	Age	Team	Seed Time
1 French, Marilyn G	8	ODAC-VA	16.46
2 Talley, Rylynn S	8	ODAC-VA	17.57
3 Evans, Carlee R	8	ODAC-VA	18.74
4 Gurnee, Charlotte C	8	ODAC-VA	19.49
5 Morgan, Minx E	8	ODAC-VA	21.89
6 McAnuff, Zoe	7	HVAC-VA	22.64
7 Srikier, Lily G	8	ODAC-VA	24.15
8 Thacker, Sydney	8	HVAC-VA	24.61
9 Ring, Eleanor J	6	ODAC-VA	24.68
10 Mabe, Claire L	6	ODAC-VA	25.21
11 Chappell, Josey	6	HVAC-VA	25.41
12 French, Melanie C	6	ODAC-VA	27.40
13 Riley, Eilis S	6	ODAC-VA	29.69
14 Mayotte, Elliott A	8	ODAC-VA	29.95
15 Allen, Sage A	6	ECAT-VA	37.56
16 Newman, Sloane	5	HVAC-VA	38.53
17 Gainor, Maddie R	8	ECAT-VA	NT

## Event 158 Boys 8 &amp; Under 25 Yard Freestyle

Name	Age	Team	Seed Time
1 Sallee, Nate W	8	ODAC-VA	15.98
2 Durrett, Levi P	8	ODAC-VA	17.46
3 King, Caiden	8	HVAC-VA	18.07
4 Saye, Emory	8	HVAC-VA	19.87
5 Warren, Asher J	7	ODAC-VA	20.91
6 Newton, Patrick	8	HVAC-VA	21.52
7 Kidd, Beckham D	8	ODAC-VA	22.98
8 Vonderhaar, Jayden M	7	ODAC-VA	23.63
9 Neveaux, Bryson	7	HVAC-VA	23.63
10 Mabe, Grady R	8	ODAC-VA	25.21
11 Cahoon, Sebastian	8	HVAC-VA	30.64
12 Patel, Kayan	8	HVAC-VA	X42.58

13 Harding, Luke W	7	ODAC-VA	NT
14 King, Nathan	7	HVAC-VA	NT

## Event 159 Girls 11-12 50 Yard Butterfly

Name	Age	Team	Seed Time
1 Steinert, Allie B	12	ECAT-VA	30.73
2 Bethel, Avery	11	HVAC-VA	36.39
3 Barnett, Brooklyn R	11	ECAT-VA	37.65
4 Rodriguez, Sophia A	12	ECAT-VA	38.84
5 Stowell, Olivia R	11	ODAC-VA	39.12
6 Hunter, Teagan	12	HVAC-VA	42.78
7 Wetmore, Charlotte G	11	ODAC-VA	44.90
8 Colton, Sloan	11	HVAC-VA	50.32
9 Dail, Regan	11	HVAC-VA	51.77
10 Dail, Katie	11	HVAC-VA	52.53
11 Jones, Meagan	11	HVAC-VA	56.28

## Event 160 Boys 11-12 50 Yard Butterfly

Name	Age	Team	Seed Time
1 McDonald, James A	11	ODAC-VA	34.47
2 Bosmans, Noah W	12	ECAT-VA	34.78
3 Masson, Bennett A	12	ODAC-VA	35.02
4 Barnes, Colin	12	HVAC-VA	35.92
5 Robinson, Nathan J	12	ECAT-VA	37.03
6 Lewis, Nathaniel W	12	ECAT-VA	37.80
7 Bialorucki, Camron J	12	ODAC-VA	38.34
8 Font, Draco J	11	ECAT-VA	38.88
9 Dinsmore, Oscar F	11	ODAC-VA	42.10
10 Coleman, Landon	12	HVAC-VA	43.55
11 Upchurch, David	11	HVAC-VA	NT

## Event 161 Girls 10 &amp; Under 50 Yard Butterfly

Name	Age	Team	Seed Time
1 Bialorucki, Heidi M	9	ODAC-VA	39.41
2 Baggett, Kady A	10	ODAC-VA	40.24
3 Wood, Abby	10	HVAC-VA	40.74
4 Dinsmore, Josie E	9	ODAC-VA	42.30
5 Behan, McKenna	10	HVAC-VA	45.41
6 Lorince, Kinsley A	9	ODAC-VA	45.59
7 Chappell, Anna	10	HVAC-VA	47.56
8 Alexander, Kalyn B	10	ODAC-VA	47.96
9 Hood, Norah G	8	ODAC-VA	48.37
10 Steinert, Abbie L	10	ECAT-VA	48.57
11 Melillo, Charlotte	10	HVAC-VA	49.35
12 French, Marilyn G	8	ODAC-VA	49.82
13 Duncan, Caydence G	9	ECAT-VA	49.97
14 Thacker, Bristol	9	HVAC-VA	51.29
15 Lawrence, Asher F	10	ODAC-VA	51.46
16 Saye, Evelyn	10	HVAC-VA	51.58
17 Evans, Carlee R	8	ODAC-VA	54.76
18 Rodriguez, Arriana H	10	ODAC-VA	55.26
19 Osborne, Rose O	10	ODAC-VA	56.23
20 Maduro, Kalina D	10	ECAT-VA	57.14
21 Boyette, Aria C	9	ODAC-VA	NT
22 Gurnee, Charlotte C	8	ODAC-VA	NT
23 Alexander, Adley E	7	ODAC-VA	NT
24 Talley, Rylynn S	8	ODAC-VA	NT
25 LaFleur, Rian M	9	ECAT-VA	NT

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

## Event 161 ... (Girls 10 &amp; Under 50 Yard Butterfly)

Name	Age	Team	Seed Time
26 Allen, Alexa	9	HVAC-VA	NT

## Event 162 Boys 10 &amp; Under 50 Yard Butterfly

Name	Age	Team	Seed Time
1 Chavez, Landon M	9	ODAC-VA	34.55
2 Wier, Kenny P	10	ODAC-VA	37.74
3 Grizzard, Hudson R	10	ODAC-VA	39.92
4 Blount, Jared L	9	ECAT-VA	41.60
5 Sallee, Timmy J	10	ODAC-VA	42.98
6 Newman, Silas	10	HVAC-VA	43.61
7 Vasquez, Leon	10	HVAC-VA	45.51
8 Talley, Rezner C	10	ODAC-VA	47.75
9 Chappell, Davis	8	HVAC-VA	49.95
10 Riley, Finn S	9	ODAC-VA	51.33
11 Monteil, Caleb L	9	ODAC-VA	1:01.89
12 Shelton, David A	10	ECAT-VA	1:08.49
13 Palmer, Logan H	10	ODAC-VA	NT
14 Durrett, Levi P	8	ODAC-VA	NT
15 Gold, Weston R	8	ODAC-VA	NT
16 Chan, Isaac	10	HVAC-VA	NT

## Event 163 Girls 11-12 100 Yard Backstroke

Name	Age	Team	Seed Time
1 Steinert, Allie B	12	ECAT-VA	1:11.21
2 Garland, Maddi R	12	ODAC-VA	1:20.90
3 Bethel, Avery	11	HVAC-VA	1:24.83
4 Rodriguez, Sophia A	12	ECAT-VA	1:26.66
5 Hunter, Teagan	12	HVAC-VA	1:28.16
6 Reese, Alexa A	11	ECAT-VA	1:33.31
7 Wetmore, Charlotte G	11	ODAC-VA	1:35.09
8 Cokley, Scarlett M	11	ODAC-VA	1:35.30
9 Dail, Katie	11	HVAC-VA	1:35.63
10 Dail, Regan	11	HVAC-VA	1:40.30
11 Jones, Meagan	11	HVAC-VA	1:40.51
12 Colton, Sloan	11	HVAC-VA	1:52.68
13 Threlkeld, Evelyn	12	HVAC-VA	NT

## Event 164 Boys 11-12 100 Yard Backstroke

Name	Age	Team	Seed Time
1 Robinson, Nathan J	12	ECAT-VA	1:15.60
2 Lewis, Nathaniel W	12	ECAT-VA	1:21.16
3 Masson, Bennett A	12	ODAC-VA	1:21.99
4 Bosmans, Noah W	12	ECAT-VA	1:24.23
5 Coleman, Landon	12	HVAC-VA	1:24.97
6 Butler, Brody A	12	ODAC-VA	1:26.94
7 Parilla, Donal C	11	ECAT-VA	1:27.91
8 Font, Draco J	11	ECAT-VA	1:29.87
9 Dinsmore, Oscar F	11	ODAC-VA	1:30.30
10 Monteil, Mason O	11	ODAC-VA	1:30.44
11 Upchurch, David	11	HVAC-VA	1:47.81
12 Defendeifer, Finn	11	HVAC-VA	1:55.32
13 Borer, William	11	HVAC-VA	2:41.37
14 Upchurch, Thomas	12	HVAC-VA	NT

## Event 165 Girls 10 &amp; Under 100 Yard Backstroke

Name	Age	Team	Seed Time
1 Karunaratne, Olivia C	10	ECAT-VA	1:22.58

2 Chappell, Anna	10	HVAC-VA	1:23.04
3 Wood, Abby	10	HVAC-VA	1:23.47
4 Bialorucki, Heidi M	9	ODAC-VA	1:27.19
5 Behan, McKenna	10	HVAC-VA	1:31.30
6 Dinsmore, Josie E	9	ODAC-VA	1:31.47
7 Baggett, Kady A	10	ODAC-VA	1:32.70
8 Duncan, Caydence G	9	ECAT-VA	1:32.81
9 Steinert, Abbie L	10	ECAT-VA	1:34.50
10 Maduro, Kalina D	10	ECAT-VA	1:36.87
11 Hood, Norah G	8	ODAC-VA	1:37.54
12 Thacker, Bristol	9	HVAC-VA	1:40.64
13 Alexander, Kalyn B	10	ODAC-VA	1:44.61
14 Saye, Evelyn	10	HVAC-VA	1:45.55
15 Melillo, Charlotte	10	HVAC-VA	1:45.79
16 Bevilacqua, Aria	9	HVAC-VA	1:47.02
17 Rodriguez, Arriana H	10	ODAC-VA	1:48.46
18 Alexander, Adley E	7	ODAC-VA	1:55.33
19 Zayicek, Reese E	10	ODAC-VA	2:04.76
20 Osborne, Rose O	10	ODAC-VA	2:05.16
21 Riley, Eilis S	6	ODAC-VA	2:28.20
22 Mabe, Claire L	6	ODAC-VA	2:56.60
23 Srikier, Lily G	8	ODAC-VA	NT
24 Allen, Alexa	9	HVAC-VA	NT

## Event 166 Boys 10 &amp; Under 100 Yard Backstroke

Name	Age	Team	Seed Time
1 Chavez, Landon M	9	ODAC-VA	1:20.02
2 Sallee, Timmy J	10	ODAC-VA	1:21.40
3 Talley, Rezner C	10	ODAC-VA	1:29.06
4 Wier, Kenny P	10	ODAC-VA	1:29.38
5 Grizzard, Hudson R	10	ODAC-VA	1:32.83
6 Newman, Silas	10	HVAC-VA	1:33.38
7 Vasquez, Leon	10	HVAC-VA	1:35.40
8 Riley, Finn S	9	ODAC-VA	1:36.27
9 Chappell, Davis	8	HVAC-VA	1:44.98
10 Kidd, Beckham D	8	ODAC-VA	1:48.11
11 Monteil, Caleb L	9	ODAC-VA	1:50.61
12 Vonderhaar, Ethan M	9	ODAC-VA	1:56.63
13 Shelton, David A	10	ECAT-VA	1:56.84
14 Palmer, Logan H	10	ODAC-VA	2:09.86
15 Borer, James	10	HVAC-VA	2:10.46
16 Mabe, Grady R	8	ODAC-VA	2:23.08
17 Vonderhaar, Jayden M	7	ODAC-VA	2:23.09
18 Harding, Luke W	7	ODAC-VA	NT
19 Chan, Isaac	10	HVAC-VA	NT
20 Upchurch, Aaron	9	HVAC-VA	NT

## Event 167 Girls 12 &amp; Under 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 HVAC-VA	A	2:16.64
	1) Bethel, Avery 11	2) Behan, McKenna 10
	3) Wood, Abby 10	4) Hunter, Teagan 12
2 HVAC-VA	B	2:30.48
	1) Dail, Katie 11	2) Jones, Meagan 11
	3) Melillo, Charlotte 10	4) Colton, Sloan 11
3 HVAC-VA	C	2:43.60
	1) Dail, Regan 11	2) Frailing, Sela 11
	3) Bevilacqua, Aria 9	4) Saye, Evelyn 10

## 2025 HVAC Spring Showcase - 3/28/2025 to 3/30/2025

## Psych Sheet

**Event 167 ... (Girls 12 & Under 200 Yard Freestyle Relay)**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
4	HVAC-VA	E	3:29.37
	1) Threlkeld, Evelyn 12	2) Thacker, Sydney 8	
	3) Edwards, Vivian 9	4) Allen, Alexa 9	

**Event 168 Boys 12 & Under 200 Yard Freestyle Relay**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	HVAC-VA	A	2:18.09
	1) Newman, Silas 10	2) Coleman, Landon 12	
	3) Vasquez, Leon 10	4) Barnes, Colin 12	
2	HVAC-VA	B	2:36.83
	1) Upchurch, Thomas 12	2) King, Caiden 8	
	3) Defendeifer, Finn 11	4) Chappell, Davis 8	
3	HVAC-VA	C	2:59.43
	1) Saye, Emory 8	2) Upchurch, David 11	
	3) Frailing, Benjamin 10	4) Chan, Isaac 10	
4	HVAC-VA	D	3:35.63
	1) Borer, James 10	2) Neveaux, Bryson 7	
	3) Furr, Cole 10	4) Newton, Patrick 8	